

CREATIVE DESIGNERS

TRAINING COURSE FOR YOUTH WORKERS IN THE FRAME OF THE ERASMUS+ PROJECT:
COOLTOUR-CULTURAL HERITAGE AS A SOURCE OF DEVELOPMENT OF FUTURE COMPETENCIES IN YOUTH

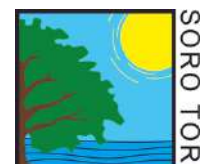


DATES: 01 - 08.12.2023 (INCLUDING TRAVEL DAYS)

LOCATION: NIEBORÓW, LODZKIE REGION, POLAND

PARTICIPANTS: 24 PEOPLE FROM 4 DIFFERENT COUNTRIES, AGED 18+

COUNTRIES: ESTONIA, ITALY, POLAND, TURKEY



PROJECT CONCEPT

Project "**COOLTOUR**" aims to increase the potential of youth work in developing the competencies of the future and innovation, based on education in the field of cultural heritage. It will be reached by the acquisition and growth of competencies in the area of designing useful and innovative educational solutions; working with creative, inclusive, and participatory methods; exchange of experiences and knowledge; identification and dissemination of good and innovative practices in this topic.

PARTNERS:

ESTONIA - RÕUGE NOORSOOTOO KESKUS, RÕUGE
 POLAND - STOWARZYSZENIE MIŁOŚNIKÓW KULTURY
 LUDOWEJ "FOLKIER", ZGIERZ
 TURKEY - ISTANBUL KULTUR VE SPOR DERNEGI,
 ISTANBUL
 ITALY - SORO TORI, TAGLIACOZZO



THE AIM OF THE TRAINING

MAIN AIM:

The main aim of this training course is to acquisition and development of competencies in designing useful needs-based activities, in cultural heritage education.

Based on the needs analysis from first Training course that took place in Estonia, participants will design prototypes of methods and tools supporting youth in development.

PLANNED SCHEDULE

Activity Programme									
	01.12 (Friday)	02.12 (Saturday)	03.12 (Sunday)	04.12 (Monday)	05.12 (Tuesday)	06.12 (Wednesday)	07.12 (Thursday)	08.12 (Friday)	
	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	
09:00 - 10:00	ARRIVAL	BREAKFAST							
10:00 - 11:30		Getting to know the project and each other	The Cool Tour Project -introduction	Intro to Design Thinking	Inspirational day - Cool Tour	Design Thinking-designing solutions	Design Thinking-designing solutions		
11:30 - 12:00		TEA BREAK							
12:00 - 13:30		Team building activities	Competencies of the future	Design Thinking Sprint	Inspirational day - Cool Tour	Design Thinking-designing solutions	The Cool Tour - future steps		
13:30 - 15:30	LUNCH BREAK								
15:30 - 17:00	ARRIVAL	Programme, our needs & input plus rules	What is creative thinking?	Design Thinking-designing solutions	Inspirational day - Cool Tour	Design Thinking-designing solutions	Evaluation and Feedback	DEPARTURE	
17:00 - 17:30		TEA BREAK							
17:30 - 19:00		Youthpass introduction	Creative and inclusive collaborative (work) environment	Design Thinking-designing solutions	Inspirational day - Cool Tour	Design Thinking-designing solutions	Youthpass Ceremony		
19:00 - 19:30		REFLECTION	REFLECTION	MID-TERM EVALUATION	REFLECTION	REFLECTION			
19:30 - 20:30	DINNER								
21.00 +	WELCOME ACTIVITIES	Welcoming Games	Dancing with the stars	Intercultural evening	Free evening	Cool Tour Karaoke	Farewell Dinner Party		

* This schedule is subject to change, according to the needs and expectations of participants as well as the schedule requirements of the venue *

PARTICIPANT PROFILE

You are a good fit for this training if you are:

- 18 years or older. We welcome *all ages* at the training.
- An intermediate to advanced English language level to engage fully in discussions and activities
- Regularly working with young people designing and organizing activities for them
- Able to attend all working days and sessions
- Motivated and interested in the topics of the training
- Someone with a positive attitude and motivation to cooperate in international and multicultural teams
- Committed to implementing dissemination activities and share learning outcomes back home after

If you identify as having fewer opportunities (social, geographic, economic, cultural, etc.) and/or are unemployed, you are encouraged to apply!

WHAT TO EXPECT?

This training course is designed with the foundational principles of Experiential Learning Theory and Design thinking method in mind. Participants should come prepared to:

- Learn from and with each other
- Engage actively in learning experiences
- Contribute meaningfully to the team dynamic and reflections
- Step outside of their comfort zones
- Share from their own personal life experience and perspective



In order to best understand how to bring these experience to youth, we will take an approach throughout the training to help YOU first discover the method of DT and to design on the spot the prototype of activities for local youth. Because we believe that participants learn the most when they teach others, participants of this training course will implement their work in their local communities when they will be back in their countries.

DESIGN THINKING METHOD

Design Thinking is part of the broader project-based learning educational model. It uses a creative, systematic approach to teach problem-solving. The learning process integrates many activities: observation, collaboration, fast-learning, visualization of ideas, and rapid prototyping.

Design Thinking can be applied to nearly any course where innovation and creative problem solving is required. It fits within the real-world of complicated problems because it promotes the search for many possible options, not a single right answer.

Design Thinking is used widely in various entrepreneurial-minded organizations (e.g., Apple, Google, Nike, etc.) and has been integrated into innovative pedagogies and design practices for years.



TRAINING TEAM

Urszula Malińska-Mark Undaunted optimist, looking for good sides in every situation - according to the principle that "nothing happens without reason". She has about 15 years of experience in project management and designing learning paths, working as a trainer in an international environment. Certified Design Thinking Trainer. Enthusiast of using creativity and art as educational tools. Values the most in professional life-creating ambitious and challenging projects. The most interested in - what seems impossible to do.



Aleksandra Szmurlik-Dominguez Experiential learning enthusiast connected with non-formal education since 2010. For the past 10 years, she has been working in NGOs as a project manager and trainer, coordinating long-term projects, designing and facilitating learning process for participants. Always has been fascinated by interpersonal relationships, self-development and what emotions revolve around our relationships. As a volunteer coordinator, her main task was to plan the volunteers' learning process for personal and professional development. Currently working as a project manager in the think tank organisation and also serves as vice president at the Step Forward Foundation.



PROJECT MANAGEMENT / LOGISTICS

Jakub Pyrzanowski Bringing together experience from the non-governmental, local government, and business sectors. Collaborates with the Łódź Chamber of Industry and Commerce as an expert in the "Academy of Digital Transformation for Small and Medium Enterprises" project, as well as a marketing specialist. Collaborates with the Association of Polish Cities as an advisor for local government partnerships, creating strategic documents for them. Previously managed one of the largest international film festivals in Poland - Transatlantyk Festival. Within the Foundation, carries out international and local initiatives related to the personal development of young individuals and those at risk of social exclusion.



THE VENUE

ECO Nieborów is a friendly object situated on the edge of Bolimów Landscape Park, less than half a mile from an aristocratic residence located in the village of Nieborów in Poland - Radziwiłł Palace. The architectural concept of the resort is based on the XIX century - a manor house of the Grabski family in Borów, in Łowicz district, where Władysław Grabski, prime and finance minister of the II Republic of Poland, the author of significant monetary reform in Poland, was born. The hotel's interiors provide aesthetic consistency with the ambiance of the 19th-century Manor House. The decoration refers to the life and output of the most famous painter born on the premises of the former Księstwo Łowickie (lat. Ducatus Loviciensis) - Józef Chełmoński. On the hotel walls, guests can look at photos coming from the artist's family collection and reprinted works from Chełmoński's sketchbook.

ECO Nieborów provides its guests with an intimate atmosphere. Hotel's policy assumes hosting only one group. The venue is located at a close distance also from Museum in Łowicz, the Antique building museum in Małrzyce, Romantic Arkadia Park.



ACCOMMODATION

YOU'LL STAY IN 2-3 PEOPLE ROOMS, WITH PRIVATE BATHROOMS AND FREE WI-FI.

MORE INFO YOU CAN FIND HERE: <http://econieborow.pl/en/>

ACCOMMODATION IS COVERED 100% BY THE ERASMUS+ PROGRAM.

THESE EXPENSES WILL BE COVERED ONLY FROM THE DAY OF YOUR ARRIVAL (01.12.23) TILL THE DEPARTURE DATE (08.12.2023).

HOW TO TRAVEL TO NIEBORÓW

Hotel "ECO NIEBORÓW" IS LOCATED IN NIEBORÓW VILLAGE.

THE CLOSEST AIRPORTS ARE IN WARSAW OR ŁÓDŹ.

FROM WARSAW CHOPIN AIRPORT you can get to the main station Warszawa Centralna by train - and from there, you can take a that stops at Łowicz Główny station. From there you can board a local bus that stops at Nieborów station.

FROM WARSAW MODLIN AIRPORT you can get to Warsaw west station (Warszawa Zachodnia) and from there Travel by trains or buses to reach Sochaczew or łowicz Główny. From both cities, you can use local means of transportation to get to Nieborów.

FROM ŁÓDŹ AIRPORT you can get to the city center by public transport and from there you can take a train that stops at Łowicz Główny station. FROM THERE you can board a local bus that stops at Nieborów station.

There is a possibility that we will organize transport from the Warsaw airport to the venue, so first just buy a plane ticket!

Before you will make any purchase please send us the chosen tickets so we can approve it!

YOU CAN ALSO USE OTHER AIRPORTS IN POLAND AND TRAVEL TO ŁOWICZ GŁÓWNY, SKIERNIEWICE OR SOCHACZEW AND FROM THERE TAKE A LOCAL BUS TO NIEBORÓW.

TO CHECK ALL THE CONNECTIONS HERE YOU HAVE THE LINKS:

Trains: TO check the schedules and buy tickets: <HTTPS://KOLEO.PL/EN/>

Buses: to check the schedules and buy tickets: <HTTPS://EN.E-PODROZNIK.PL/>

FROM the station in Nieborów we will take you to the venue by car or bus.

AS SAID BEFORE – PARTICIPANTS ARE EXPECTED TO ARRIVE ON 01.12.23 AND LEAVE ON 08.12.2023.

FURTHER DETAILS AND SUPPORT INFORMATION ABOUT THE TRAVEL TO AND INSIDE POLAND WILL BE PROVIDED WHEN THE TICKET BUYING PROCEDURE WILL BEGIN.



TRAVEL ARRANGEMENTS

As this project is fully funded by the Erasmus+ programme, the flight and travel arrangements will all be covered up to the limits set by the grant below:

IMPORTANT NOTES:

- The cost given is a limit in total, for both ways (round trip)
- Travel reimbursement will be made by the partner organization from each country
- Before buying your ticket, please remember your cost limits and get travel approval from us!
- You may stay up to 2 days extra (before or after the project), however any other costs (food, accommodation, etc.) those days are at your own expense.
- For European Union members, a visa is not requested for entering Poland. Only Turkish participants may need to request an invitation letter for a visa.

POLAND: 23 Euro

ESTONIA: 275 Euro

ITALY: 275 Euro

TURKEY: 275 Euro

TRAVEL REIMBURSEMENTS

Reimbursements will be made by each partner organization to their participants.

PLEASE KEEP ALL ORIGINAL DOCUMENTS:

- CONFIRMATION OF RESERVATION
- TICKETS (flight, bus, train, etc.)
- BILLS, INVOICES, RECEIPTS
- BOARDING PASSES etc.

For more details about reimbursement contact your sending organization! Please keep in mind that missing documents (or not original version) will not be reimbursed.



HEALTH AND TRAVEL INSURANCE

You will need to have with you the **European Health Insurance card** or similar document indicating you are insured in case of an accident or sickness. EU citizens can acquire that through their national health system organization. Non EU citizens should check with their country's health insurance system and act accordingly.

Travel insurance is your responsibility, it is not obligatory for your participation but it is strongly suggested; You need to obtain health and travel insurance to cover you for travel and the duration of your trip. This should be covering wherever relevant, travel insurance (including damage or loss of luggage); third party liability (including, wherever appropriate, professional indemnity or insurance for responsibility); accident and serious illness (including permanent or temporary incapacity); death (including repatriation in case of projects overseas).

HOW TO APPLY

if you read through this infopack and are interested to participate, we encourage you to apply!

Please be sure to fill in this application form no later than **October, 21st** and expect to hear back from us immediately.

Given the nature of the increase in flight prices recently and the time of year, **we ask that you be available to purchase your flights already in beginning of November.**

APPLICATION FORM HERE:

<https://rb.gy/cl5es>

PLEASE REMEMBER:

Participants who decide to take part in the training commit themselves to implementing the developed methods in their local community.

QUESTIONS? CONTACT US!

projects@hostelfolkier.pl

SEE YOU IN POLAND



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